

# B12 DEFICIENCY

## SCREEN. TREAT. PROTECT YOUR HEALTH.

Approximately  
**48 million**

adults are  
clinically  
B12 deficient

1 in 5  
**diabetic**  
patients

22% of  
**Type 2**  
patients

30% of  
patients taking  
**metformin**

3-5x greater in  
**Type 1**  
Diabetics

**Diabetic  
neuropathy**

B12 deficiency is more common than you think, and is directly associated with both hematological and neurological changes, including:

- memory impairment
- early dementia
- depression
- megaloblastic anemia
- irreversible nerve damage

20% people with diabetes aged 45+ are at risk of B12 deficiency.

One study found a 22% prevalence of B12 deficiency in type 2 diabetes patients.

Patients with diabetes who take metformin are likely to become B12 deficient.

The rates of chronic autoimmune gastritis and pernicious anemia—2 leading causes of B12 deficiency—are 3-5x greater in patients with type 1 diabetes.

Diabetic neuropathy, which is associated with B12 deficiency, can occur in up to 50% of diabetic patients.

 **ELIGEN B12™**  
(cyanocobalamin/SNAC)  
1000 mcg/100 mg tablets

For more information including customers testimonials about Eligen B12, or to make a purchase, please visit [eligenb12.com](http://eligenb12.com) or [amazon.com](http://amazon.com).