

# B12 DEFICIENCY

## SCREEN. TREAT. PROTECT YOUR HEALTH.

Approximately  
**48 million**  
adults are  
clinically  
B12 deficient

B12 deficiency is more common than you think, and is directly associated with both hematological and neurological changes, including:

- memory impairment
- early dementia
- depression
- megaloblastic anemia
- irreversible nerve damage

**780,000**  
adults have  
Crohn's disease

20-30% of adults with Crohn's disease may have B12 deficiency.

**9 million+**  
adults nationwide  
suffer from IBS-D\*

20% of adults with IBS-D or chronic loose and frequent stools will be B12 deficient.

**1.1 million**  
suffer from  
pernicious anemia

Over 1.1 million adults 60+ suffer from pernicious anemia, a leading cause of B12 deficiency.

**100 million**  
PPI prescriptions

Over 100 million prescriptions for proton pump inhibitors ("PPIs") are written annually. Long-term use of PPIs may increase the risk for B12 deficiency.

**20-50%**  
of patients  
over 50

Hypochlorhydria, due to atrophic gastritis, is a common cause of B12 deficiency in people over 50. It is associated with chronic H. pylori infection and autoimmune gastritis, and an increased risk of gastric cancers.

 **ELIGEN B12**<sup>TM</sup>  
(cyanocobalamin/SNAC)  
1000 mcg/100 mg tablets

For more information including customers testimonials about Eligen B12, or to make a purchase, please visit [eligenb12.com](http://eligenb12.com) or [amazon.com](http://amazon.com).